Introduced by Senator Cedillo

February 17, 2010

An act to amend Section 1367.51 of the Health and Safety Code, and to amend Section 10176.61 of the Insurance Code, relating to health care coverage.

LEGISLATIVE COUNSEL'S DIGEST

SB 1104, as introduced, Cedillo. Health care coverage: diabetes-related complications.

Existing law, the Knox-Keene Health Care Service Plan Act of 1975, provides for the licensure and regulation of health care service plans by the Department of Managed Health Care and makes a willful violation of the act a crime. Existing law also provides for the regulation of health insurers by the Department of Insurance. Existing law requires specified health care service plan contracts and health insurance policies to provide coverage for certain equipment, supplies, and medications for the treatment of diabetes, including podiatric devices to prevent or treat diabetes-related complications. Existing law also requires a plan or insurer to provide coverage for diabetes outpatient self-management training, education, and medical nutrition therapy necessary to enable an enrollee or insured to properly use the equipment, supplies, and medications.

This bill would require health care service plan contracts and health insurance policies to also provide coverage for the diagnosis and treatment of diabetes-related complications, as specified. Because a willful violation of this requirement by a health care service plan would be a crime, the bill would impose a state-mandated local program.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that no reimbursement is required by this act for a specified reason.

Vote: majority. Appropriation: no. Fiscal committee: yes. State-mandated local program: yes.

The people of the State of California do enact as follows:

SECTION 1. Section 1367.51 of the Health and Safety Code 1 2 is amended to read:

3 1367.51. (a) Every health care service plan contract, except a 4 specialized health care service plan contract, that is issued, amended, delivered, or renewed on or after January 1, 2000, and 5 that covers hospital, medical, or surgical expenses shall include 6 7 coverage for the following equipment and supplies for the 8 management and treatment of insulin-using diabetes, 9 non-insulin-using diabetes, and gestational diabetes as medically necessary, even if the items are available without a prescription: 10 11 (1) Blood glucose monitors and blood glucose testing strips.

12 (2) Blood glucose monitors designed to assist the visually 13 impaired.

- 14 (3) Insulin pumps and all related necessary supplies.
- 15 (4) Ketone urine testing strips.
- (5) Lancets and lancet puncture devices. 16
- 17 (6) Pen delivery systems for the administration of insulin.

18 (7) Podiatric devices to prevent or treat diabetes-related

- 19 complications.
- 20 (8) Insulin syringes.

21 (9) Visual aids, excluding evewear, to assist the visually 22 impaired with proper dosing of insulin.

23 (b) Every health care service plan contract, except a specialized 24 health care service plan contract, that is issued, amended, delivered,

or renewed on or after January 1, 2000, that covers prescription 25

benefits shall include coverage for the following prescription items 26

27

if the items are determined to be medically necessary:

28 (1) Insulin.

29 (2) Prescriptive Prescription medications for the treatment of 30 diabetes.

(3) Glucagon.

1 2 (c) Every health care service plan contract, except a specialized 3 health care service plan contract, that is issued, amended, 4 delivered, or renewed on or after January 1, 2011, and that covers 5 hospital, medical, or surgical expenses, shall provide coverage 6 for the diagnosis and treatment of diabetes-related complications. With respect to contracts that cover prescription benefits, the 7 8 coverage required by this subdivision shall include coverage of 9 prescription medications for the treatment of diabetes-related complications. For purposes of this subdivision, "diabetes-related 10 complications" includes, but is not limited to, diabetic peripheral 11 12 *neuropathy.* 13 (e)14 (d) The copayments and deductibles for the benefits specified 15 in subdivisions (a)-and, (b), and (c) shall not exceed those established for similar benefits within the given plan. 16 17 (d)18 (e) Every plan shall provide coverage for diabetes outpatient 19 self-management training, education, and medical nutrition therapy necessary to enable an enrollee to properly use the equipment, 20 21 supplies, and medications set forth in subdivisions (a) and (b), and 22 additional diabetes outpatient self-management training, education, 23 and medical nutrition therapy upon the direction or prescription of those services by the enrollee's participating physician. If a plan 24 25 delegates outpatient self-management training to contracting 26 providers, the plan shall require contracting providers to ensure

27 that diabetes outpatient self-management training, education, and 28 medical nutrition therapy are provided by appropriately licensed

29 or registered health care professionals.

30 (e)

31 (f) The diabetes outpatient self-management training, education, 32 and medical nutrition therapy services identified in subdivision (d) (e) shall be provided by appropriately licensed or registered 33 34 health care professionals as prescribed by a participating health 35 care professional legally authorized to prescribe the service. These benefits shall include, but not be limited to, instruction that will 36 37 enable diabetic patients and their families to gain an understanding 38 of the diabetic disease process, and the daily management of 39 diabetic therapy, in order to thereby avoid frequent hospitalizations 40 and complications.

1 (f)

2 (g) The copayments for the benefits specified in subdivision (d)

- 3 (e) shall not exceed those established for physician office visits
- 4 by the plan.
- 5 (g)

(h) Every health care service plan governed by this section shall disclose the benefits covered pursuant to this section in the plan's

8 evidence of coverage and disclosure forms.

9 (h)

- 10 (*i*) A health care service plan may not reduce or eliminate 11 coverage as a result of the requirements of this section.
- 12 (i)

13 (j) Nothing in this section shall be construed to deny or restrict

in any way the department's authority to ensure plan compliancewith this chapter when a plan provides coverage for prescriptiondrugs.

- 16 drugs.
 17 SEC. 2. Section 10176.61 of the Insurance Code is amended
 18 to read:
- 19 10176.61. (a) Every insurer issuing, amending, delivering, or

renewing a disability *health* insurance policy on or after January
1, 2000, that covers hospital, medical, or surgical expenses shall
include coverage for the following equipment and supplies for the

23 management and treatment of insulin-using diabetes,

24 non-insulin-using diabetes, and gestational diabetes as medically

25 necessary, even if the items are available without a prescription:

26 (1) Blood glucose monitors and blood glucose testing strips.

(2) Blood glucose monitors designed to assist the visuallyimpaired.

- 29 (3) Insulin pumps and all related necessary supplies.
- 30 (4) Ketone urine testing strips.
- 31 (5) Lancets and lancet puncture devices.
- 32 (6) Pen delivery systems for the administration of insulin.

33 (7) Podiatric devices to prevent or treat diabetes-related

- 34 complications.35 (8) Insulin s
 - (8) Insulin syringes.

36 (9) Visual aids, excluding eyewear, to assist the visually37 impaired with proper dosing of insulin.

38 (b) Every insurer issuing, amending, delivering, or renewing a

- 39 disability health insurance policy on or after January 1, 2000, that
- 40 covers prescription benefits shall include coverage for the following

prescription items if the items are determined to be medically
 necessary:

3 (1) Insulin.

4 (2) Prescriptive-Prescription medications for the treatment of diabetes.

6 (3) Glucagon.

7 (c) Every health insurance policy that is issued, amended, 8 delivered, or renewed on or after January 1, 2011, shall provide 9 coverage for the diagnosis and treatment of diabetes-related complications. With respect to policies that cover prescription 10 benefits, the coverage required by this subdivision shall include 11 12 coverage of prescription medications for the treatment of 13 diabetes-related complications. For purposes of this subdivision, 14 "diabetes-related complications" includes, but is not limited to, 15 diabetic peripheral neuropathy.

16 (c)

(d) The coinsurances and deductibles for the benefits specified
in subdivisions (a)-and, (b), and (c) shall not exceed those
established for similar benefits within the given policy.

20 (d)

21 (e) Every *health* insurer shall provide coverage for diabetes 22 outpatient self-management training, education, and medical 23 nutrition therapy necessary to enable an insured to properly use 24 the equipment, supplies, and medications set forth in subdivisions 25 (a) and (b) and additional diabetes outpatient self-management 26 training, education, and medical nutrition therapy upon the 27 direction or prescription of those services by the insured's 28 participating physician. If an *a health* insurer delegates outpatient 29 self-management training to contracting providers, the insurer shall 30 require contracting providers to ensure that diabetes outpatient 31 self-management training, education, and medical nutrition therapy 32 are provided by appropriately licensed or registered health care 33 professionals.

34 (e)

35 (f) The diabetes outpatient self-management training, education, 36 and medical nutrition therapy services identified in subdivision 37 (d) (e) shall be provided by appropriately licensed or registered 38 health care professionals as prescribed by a health care professional 39 legally authorized to prescribe the services.

40 (f)

1 (g) The coinsurances and deductibles for the benefits specified

2 in subdivision-(d) (e) shall not exceed those established for 3 physician office visits by the insurer.

5 (*h*) Every disability *health* insurer governed by this section shall

6 disclose the benefits covered pursuant to this section in the insurer's

7 evidence of coverage and disclosure forms.

8 (h) An

9 (i) A health insurer may not reduce or eliminate coverage as a 10 result of the requirements of this section.

11 (i)

12 (i) This section does not apply to vision-only, dental-only, 13 accident-only, specified disease, hospital indemnity, Medicare supplement, long-term care, or disability income insurance, except 14 15 that for accident-only, specified disease, and hospital indemnity insurance coverage, benefits under this section only apply to the 16 17 extent that the benefits are covered under the general terms and conditions that apply to all other benefits under the policy. Nothing 18 19 in this section may be construed as imposing a new benefit mandate 20 on accident-only, specified disease, or hospital indemnity 21 insurance. 22 SEC. 3. No reimbursement is required by this act pursuant to

23 Section 6 of Article XIIIB of the California Constitution because24 the only costs that may be incurred by a local agency or school

district will be incurred because this act creates a new crime or

26 infraction, eliminates a crime or infraction, or changes the penalty

for a crime or infraction, within the meaning of Section 17556 of

28 the Government Code, or changes the definition of a crime within

29 the meaning of Section 6 of Article XIII B of the California

30 Constitution.

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