No. 473

Introduced by Senator Bates

February 17, 2021

An act to amend Section 1367.51 of the Health and Safety Code, and to amend Section 10176.61 of the Insurance Code, relating to health care coverage.

LEGISLATIVE COUNSEL'S DIGEST

SB 473, as amended, Bates. Health care coverage: insulin cost sharing.

Existing law, the Knox-Keene Health Care Service Plan Act of 1975, provides for the licensure and regulation of health care service plans by the Department of Managed Health Care and makes a willful violation of the act's requirements a crime. Existing law provides for the regulation of health insurers by the Department of Insurance. Existing law requires a health care service plan contract or health insurance policy issued, amended, delivered, or renewed on or after January 1, 2000, to include coverage for equipment, supplies, and, if the contract or policy covers prescription benefits, prescriptive medications for the management and treatment of insulin-using diabetes, non-insulin-using diabetes, and gestational diabetes, as medically necessary.

This bill would prohibit a health care service plan contract or a health insurance policy that is issued, amended, delivered, or renewed on or after January 1, 2022, from imposing cost sharing on a covered insulin prescription, except for a copayment not to exceed \$50 per 30-day supply of insulin, or \$100 for a supply exceeding 30 days, total per month, regardless of the amount or type of insulin. insulin needed to

fill the enrollee's or insured's prescription or prescriptions. Because a willful violation of these provisions by a health care service plan would be a crime, the bill would impose a state-mandated local program.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that no reimbursement is required by this act for a specified reason.

Vote: majority. Appropriation: no. Fiscal committee: yes. State-mandated local program: yes.

The people of the State of California do enact as follows:

- 1 SECTION 1. The Legislature finds and declares that:
- 2 (a) Approximately 263,000 Californians are diagnosed with

3 type 1 diabetes each year. Approximately 4,037,000 Californian

- 4 adults have diabetes.
- 5 (b) Every Californian with type 1 diabetes, and many with type 6 2 diabetes, rely on daily doses of insulin to survive.

7 (c) Insulin prices have nearly tripled, creating financial hardships8 for people who rely on it to survive.

- 9 (d) One in four people using insulin have reported insulin 10 underuse due to the high cost of insulin.
- 11 (e) Diabetes is the seventh leading cause of death and a leading

12 cause of disabling and life-threatening complications, including 13 heart disease, stroke, kidney failure, amputation of the lower

14 extremities, and new cases of blindness among adults.

15 (f) Studies have shown that managing diabetes can prevent the 16 complications associated with diabetes.

(g) Therefore, it is important to enact policies to reduce the costsfor Californians with diabetes to obtain life-saving andlife-sustaining insulin.

20 SEC. 2. Section 1367.51 of the Health and Safety Code is 21 amended to read:

1367.51. (a) A health care service plan contract, except a
specialized health care service plan contract, that is issued,
amended, delivered, or renewed on or after January 1, 2000, shall
include coverage for the following equipment and supplies for the
management and treatment of insulin-using diabetes,

- 1 non-insulin-using diabetes, and gestational diabetes as medically
- 2 necessary, even if the items are available without a prescription:
- 3 (1) Blood glucose monitors and blood glucose testing strips.
- 4 (2) Blood glucose monitors designed to assist the visually 5 impaired.
- 6 (3) Insulin pumps and all related necessary supplies.
- 7 (4) Ketone urine testing strips.
- 8 (5) Lancets and lancet puncture devices.
- 9 (6) Pen delivery systems for the administration of insulin.
- 10 (7) Podiatric devices to prevent or treat diabetes-related 11 complications.
- 12 (8) Insulin syringes.
- (9) Visual aids, excluding eyewear, to assist the visuallyimpaired with proper dosing of insulin.
- 15 (b) A health care service plan contract, except a specialized
- 16 health care service plan contract, that is issued, amended, delivered,
- 17 or renewed on or after January 1, 2000, that covers prescription
- 18 benefits shall include coverage for the following prescription items
- 19 if the items are determined to be medically necessary:
- 20 (1) Insulin.
- 21 (2) Prescriptive medications for the treatment of diabetes.
- 22 (3) Glucagon.

23 (c) The copayments and deductibles for the benefits specified

- in subdivisions (a) and (b) shall not exceed those established forsimilar benefits within the given plan.
- (d) (1) Notwithstanding subdivision (c), for a health care service
 plan contract that is issued, amended, delivered, or renewed on or
 after January 1, 2022, the copayment for an insulin prescription
 covered pursuant to subdivision (b) shall not exceed fifty dollars
 (\$50) per 30-day supply, or one hundred dollars (\$100) for a supply
 exceeding 30 days, total per month, regardless of the amount or
- type of insulin prescribed. needed to fill the enrollee's prescriptionor prescriptions.
- 34 (2) A health care service plan contract that is issued, amended,
- delivered, or renewed on or after January 1, 2022, shall not impose
 a deductible, coinsurance, or other cost-sharing requirement on an
 insulin prescription, except for a copayment subject to the
- 38 limitations in paragraph (1).
- 39 (e) A health care service plan shall provide coverage for diabetes 40 outpatient self-management training, education, and medical
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nutrition therapy necessary to enable an enrollee to properly use 1 2 the equipment, supplies, and medications set forth in subdivisions 3 (a) and (b), and additional diabetes outpatient self-management 4 training, education, and medical nutrition therapy upon the 5 direction or prescription of those services by the enrollee's participating physician. If a plan delegates outpatient 6 7 self-management training to contracting providers, the plan shall 8 require contracting providers to ensure that diabetes outpatient 9 self-management training, education, and medical nutrition therapy 10 are provided by appropriately licensed or registered health care professionals. 11

12 (f) The diabetes outpatient self-management training, education, 13 and medical nutrition therapy services identified in subdivision 14 (e) shall be provided by appropriately licensed or registered health 15 care professionals as prescribed by a participating health care professional legally authorized to prescribe the service. These 16 17 benefits shall include, but not be limited to, instruction that will 18 enable diabetic patients and their families to gain an understanding 19 of the diabetic disease process, and the daily management of 20 diabetic therapy, in order to thereby avoid frequent hospitalizations 21 and complications.

(g) The copayments for the benefits specified in subdivision (e)
shall not exceed those established for physician office visits by
the plan.

(h) Every A health care service plan governed by this section
shall disclose the benefits covered pursuant to this section in the
plan's evidence of coverage and disclosure forms.

(i) A health care service plan shall not reduce or eliminatecoverage as a result of this section.

30 (j) This section does not deny or restrict in any way the 31 department's authority to ensure plan compliance with this chapter 32 if a plan provides coverage for prescription drugs.

33 SEC. 3. Section 10176.61 of the Insurance Code is amended 34 to read:

10176.61. (a) A health insurance policy issued, amended, or
renewed on or after January 1, 2000, shall include coverage for
the following equipment and supplies for the management and
treatment of insulin-using diabetes, non-insulin-using diabetes,
and gestational diabetes as medically necessary, even if the items
are available without a prescription:

1 (1) Blood glucose monitors and blood glucose testing strips.

2 (2) Blood glucose monitors designed to assist the visually3 impaired.

- 4 (3) Insulin pumps and all related necessary supplies.
- 5 (4) Ketone urine testing strips.
- 6 (5) Lancets and lancet puncture devices.
- 7 (6) Pen delivery systems for the administration of insulin.

8 (7) Podiatric devices to prevent or treat diabetes-related 9 complications.

10 (8) Insulin syringes.

(9) Visual aids, excluding eyewear, to assist the visuallyimpaired with proper dosing of insulin.

(b) A health insurance policy that is issued, amended, or renewed
on or after January 1, 2000, that covers prescription benefits shall
include coverage for the following prescription items if the items
are determined to be medically necessary:

17 (1) Insulin.

18 (2) Prescriptive medications for the treatment of diabetes.

19 (3) Glucagon.

(c) The coinsurances and deductibles for the benefits specified
in subdivisions (a) and (b) shall not exceed those established for
similar benefits within the given policy.

23 (d) (1) Notwithstanding subdivision (c), for a health insurance 24 policy that is issued, amended, or renewed on or after January 1, 25 2022, the copayment for an insulin prescription covered pursuant 26 to subdivision (b) shall not exceed fifty dollars (\$50) per 30-day 27 supply, or one hundred dollars (\$100) for a supply exceeding 30 28 days, total per month, regardless of the amount or type of insulin 29 prescribed. needed to fill the insured's prescription or 30 prescriptions.

(2) A health insurance policy that is issued, amended, or renewed
on or after January 1, 2022, shall not impose a deductible,
coinsurance, or other cost-sharing requirement on an insulin
prescription, except for a copayment subject to the limitations in
paragraph (1).

36 (e) A health insurer shall provide coverage for diabetes
37 outpatient self-management training, education, and medical
38 nutrition therapy necessary to enable an insured to properly use
39 the equipment, supplies, and medications set forth in subdivisions
40 (a) and (b) and additional diabetes outpatient self-management

training, education, and medical nutrition therapy upon the 1 2 direction or prescription of those services by the insured's 3 participating physician. If an insurer delegates outpatient 4 self-management training to contracting providers, the insurer shall 5 require contracting providers to ensure that diabetes outpatient self-management training, education, and medical nutrition therapy 6 7 are provided by appropriately licensed or registered health care 8 professionals. 9 (f) The diabetes outpatient self-management training, education, and medical nutrition therapy services identified in subdivision 10 (e) shall be provided by appropriately licensed or registered health 11 12 care professionals as prescribed by a health care professional 13 legally authorized to prescribe the services. 14 (g) The coinsurances and deductibles for the benefits specified

(g) The consurances and deductibles for the benefits specified
 in subdivision (e) shall not exceed those established for physician
 office visits by the insurer.

(h) A health insurer governed by this section shall disclose thebenefits covered pursuant to this section in the insurer's evidenceof coverage and disclosure forms.

20 (i) A health insurer shall not reduce or eliminate coverage as a21 result of this section.

22 (j) This section does not apply to vision-only, dental-only, 23 accident-only, specified disease, hospital indemnity, Medicare supplement, long-term care, or disability income insurance, except 24 25 that for accident-only, specified disease, and hospital indemnity insurance coverage, benefits under this section only apply to the 26 27 extent that the benefits are covered under the general terms and 28 conditions that apply to all other benefits under the policy. This 29 section does not impose a new benefit mandate on accident-only, 30 specified disease, or hospital indemnity insurance.

31 SEC. 4. No reimbursement is required by this act pursuant to 32 Section 6 of Article XIIIB of the California Constitution because

33 the only costs that may be incurred by a local agency or school

34 district will be incurred because this act creates a new crime or

35 infraction, eliminates a crime or infraction, or changes the penalty

36 for a crime or infraction, within the meaning of Section 17556 of

37 the Government Code, or changes the definition of a crime within

- the meaning of Section 6 of Article XIIIB of the California Constitution.