ASSEMBLY BILL

No. 796

Introduced by Assembly Member Nazarian (Coauthor: Assembly Member Rendon)

February 26, 2015

An act to amend Section 1374.73 of the Health and Safety Code, and to amend Section 10144.51 of the Insurance Code, relating to health care coverage.

LEGISLATIVE COUNSEL'S DIGEST

AB 796, as introduced, Nazarian. Health care coverage: autism and pervasive developmental disorders.

Existing law provides for the licensure and regulation of health care service plans by the Department of Managed Health Care. A violation of those provisions is a crime. Existing law provides for the licensure and regulation of health insurers by the Department of Insurance.

Existing law requires every health care service plan contract and health insurance policy to provide coverage for behavioral health treatment for pervasive developmental disorder or autism. Existing law requires every health care service plan and health insurance policy to maintain an adequate network that includes qualified autism service providers who supervise and employ qualified autism service professionals or paraprofessionals who provide and administer behavioral health treatment. Existing law defines "qualified autism service professional" and "qualified autism service paraprofessional" for this purpose to mean a person who meets specified educational and training requirements.

This bill would expand the eligibility for a person to be a qualified autism service professional to include a person who possesses a bachelor

of arts or science degree and meets other specified requirements, a registered psychological assistant, a registered psychologist, or an associate clinical social worker. The bill would also expand the eligibility for a person to be a qualified autism service paraprofessional to include a person with a high school diploma or equivalent and, among other things, 6 months experience working with persons with developmental disabilities.

Vote: majority. Appropriation: no. Fiscal committee: no. State-mandated local program: no.

The people of the State of California do enact as follows:

1 SECTION 1. The Legislature finds and declares all of the 2 following:

3 (a) Autism and other pervasive developmental disorders are 4 complex neurobehavioral disorders that include impairments in 5 social communication and social interaction combined with rigid, 6 repetitive behaviors interacts and activities

- 6 repetitive behaviors, interests, and activities.
- 7 (b) Autism covers a large spectrum of symptoms and levels of
 8 impairment ranging in severity from somewhat limiting to a severe
 9 disability that may require institutional care.
- (c) One in 68 children born today will be diagnosed with autismor another pervasive developmental disorder.
- (d) Research has demonstrated that children diagnosed with
 autism can often be helped with early administration of behavioral
 health treatment.
- (e) There are several forms of evidence-based behavioral health
 treatment, including, but not limited to, applied behavioral analysis.
- 17 (f) Children diagnosed with autism respond differently to18 behavioral health treatment.

19 (g) It is critical that each child diagnosed with autism receives

20 the specific type of evidence-based behavioral health treatment

best suited to him or her, as prescribed by his or her physician ordeveloped by a psychologist.

(h) The Legislature intends that all forms of evidence-basedbehavioral health treatment be covered by health care service plans,

25 pursuant to Section 1374.73 of the Health and Safety Code, and

26 health insurance policies, pursuant to Section 10144.51 of the

27 Insurance Code.

(i) The Legislature intends that health care service plan provider
 networks include qualified professionals practicing all forms of
 evidence-based behavioral health treatment other than just applied
 behavioral analysis.

5 SEC. 2. Section 1374.73 of the Health and Safety Code is 6 amended to read:

1374.73. (a) (1) Every health care service plan contract that
provides hospital, medical, or surgical coverage shall also provide
coverage for behavioral health treatment for pervasive
developmental disorder or autism no later than July 1, 2012. The
coverage shall be provided in the same manner and shall be subject
to the same requirements as provided in Section 1374.72.

13 (2) Notwithstanding paragraph (1), as of the date that proposed 14 final rulemaking for essential health benefits is issued, this section 15 does not require any benefits to be provided that exceed the 16 essential health benefits that all health plans will be required by 17 federal regulations to provide under Section 1302(b) of the federal 18 Patient Protection and Affordable Care Act (Public Law 111-148), 19 as amended by the federal Health Care and Education 20 Reconciliation Act of 2010 (Public Law 111-152).

(3) This section shall not affect services for which an individual
is eligible pursuant to Division 4.5 (commencing with Section
4500) of the Welfare and Institutions Code or Title 14
(commencing with Section 95000) of the Government Code.

25 (4) This section shall not affect or reduce any obligation to provide services under an individualized education program, as 26 27 defined in Section 56032 of the Education Code, or an individual 28 service plan, as described in Section 5600.4 of the Welfare and 29 Institutions Code, or under the federal Individuals with Disabilities 30 Education Act (20 U.S.C. Sec. 1400 et seq.) and its implementing 31 regulations. 32 (b) Every health care service plan subject to this section shall

maintain an adequate network that includes qualified autism service
providers who supervise and employ qualified autism service
professionals or paraprofessionals who provide and administer
behavioral health treatment. Nothing shall prevent a health care
service plan from selectively contracting with providers within
these requirements.

39 (c) For the purposes of this section, the following definitions 40 shall apply:

1 (1) "Behavioral health treatment" means professional services and treatment programs, including applied behavior analysis and 2 3 evidence-based behavior intervention programs, that develop or 4 restore, to the maximum extent practicable, the functioning of an individual with pervasive developmental disorder or autism and 5 that meet all of the following criteria: 6 7 (A) The treatment is prescribed by a physician and surgeon 8 licensed pursuant to Chapter 5 (commencing with Section 2000) of, or is developed by a psychologist licensed pursuant to Chapter 9 6.6 (commencing with Section 2900) of, Division 2 of the Business 10 and Professions Code. 11

(B) The treatment is provided under a treatment plan prescribedby a qualified autism service provider and is administered by oneof the following:

15 (i) A qualified autism service provider.

(ii) A qualified autism service professional supervised andemployed by the qualified autism service provider.

(iii) A qualified autism service paraprofessional supervised andemployed by a qualified autism service provider.

20 (C) The treatment plan has measurable goals over a specific

timeline that is developed and approved by the qualified autism service provider for the specific patient being treated. The treatment

plan shall be reviewed no less than once every six months by the

24 qualified autism service provider and modified whenever

appropriate, and shall be consistent with Section 4686.2 of theWelfare and Institutions Code pursuant to which the qualified

27 autism service provider does all of the following:

(i) Describes the patient's behavioral health impairments ordevelopmental challenges that are to be treated.

30 (ii) Designs an intervention plan that includes the service type,

31 number of hours, and parent participation needed to achieve the

32 plan's goal and objectives, and the frequency at which the patient's

33 progress is evaluated and reported.

(iii) Provides intervention plans that utilize evidence-based
 practices, with demonstrated clinical efficacy in treating pervasive
 developmental disorder or autism.

37 (iv) Discontinues intensive behavioral intervention services

38 when the treatment goals and objectives are achieved or no longer

39 appropriate.

1 (D) The treatment plan is not used for purposes of providing or 2 for the reimbursement of respite, day care, or educational services 3 and is not used to reimburse a parent for participating in the 4 treatment program. The treatment plan shall be made available to 5 the health care service plan upon request.

6 (2) "Pervasive developmental disorder or autism" shall have
7 the same meaning and interpretation as used in Section 1374.72.
8 (3) "Qualified autism service provider" means either of the
9 following:

(A) A person, entity, or group that is certified by a national
entity, such as the Behavior Analyst Certification Board, that is
accredited by the National Commission for Certifying Agencies,
and who designs, supervises, or provides treatment for pervasive
developmental disorder or autism, provided the services are within
the experience and competence of the person, entity, or group that
is nationally certified.

17 (B) A person licensed as a physician and surgeon, physical 18 therapist, occupational therapist, psychologist, marriage and family 19 therapist, educational psychologist, clinical social worker, 20 professional clinical counselor, speech-language pathologist, or 21 audiologist pursuant to Division 2 (commencing with Section 500) 22 of the Business and Professions Code, who designs, supervises, 23 or provides treatment for pervasive developmental disorder or 24 autism, provided the services are within the experience and 25 competence of the licensee.

26 (4) "Qualified autism service professional" means an individual27 who meets all of the following criteria:

28 (A) Provides behavioral health treatment.

(B) Is employed and supervised by a qualified autism serviceprovider.

- 31 (C) Provides treatment pursuant to a treatment plan developed32 and approved by the qualified autism service provider.
- 33 (D) Is a behavioral service provider-approved who meets one
 34 of the following criteria:
- *(i) Is approved* as a vendor by a California regional center to
 provide services as an Associate Behavior Analyst, Behavior
 Analyst, Behavior Management Assistant, Behavior Management
 Consultant, or Behavior Management Program as defined in
- 39 Section 54342 of Title 17 of the California Code of Regulations.

of the following:

(ii) Possesses a bachelor of arts or science degree and has either

4	of the jouowing.
3	(I) Twelve semester units from an accredited institute of higher
4	learning in either applied behavioral analysis or clinical
5	coursework in behavioral health and one year of experience in
6	designing or implementing behavioral health treatment.
7	(II) two years of experience in designing or implementing
8	behavioral health treatment.
9	(iii) The person is a registered psychological assistant or
10	registered psychologist pursuant to Chapter 6.6 (commencing with
11	Section 2900) of Division 2 of the Business and Professions Code.
12	(iv) The person is an associate clinical social worker registered
13	with the Board of Behavioral Sciences pursuant to Section 4996.18
14	of the Business and Professions Code.
15	(E) Has training and experience in providing services for
16	pervasive developmental disorder or autism pursuant to Division
17	4.5 (commencing with Section 4500) of the Welfare and
18	Institutions Code or Title 14 (commencing with Section 95000)
19	of the Government Code.
20	(5) "Qualified autism service paraprofessional" means an
21	unlicensed and uncertified individual who meets all of the
22	following criteria:
23	(A) Is employed and supervised by a qualified autism service
24	provider.
25	(B) Provides treatment and implements services pursuant to a
26	treatment plan developed and approved by the qualified autism
27	service provider.
28	(C) Meets the criteria set forth in the regulations adopted
29	pursuant to Section 4686.3 of the Welfare and Institutions-Code.
30	Code or meets all of the following:
31	(i) Possesses a high school diploma or equivalent.

(ii) Has six months experience working with persons with adevelopmental disability.

(iii) Has 30 hours of training in the specific form of evidence-based behavioral health treatment administered by a

36 qualified autism provider or qualified autism service professional.

37 (iv) Has successfully passed a background check conducted by
38 a state-approved agency.

39 (D) Has adequate education, training, and experience, as 40 certified by a qualified autism service provider.

1 (d) This section shall not apply to the following:

2 (1) A specialized health care service plan that does not deliver3 mental health or behavioral health services to enrollees.

4 (2) A health care service plan contract in the Medi-Cal program

5 (Chapter 7 (commencing with Section 14000) of Part 3 of Division
6 9 of the Welfare and Institutions Code).

7 (3) A health care service plan contract in the Healthy Families

Program (Part 6.2 (commencing with Section 12693) of Division
2 of the Insurance Code).

(4) A health care benefit plan or contract entered into with the
Board of Administration of the Public Employees' Retirement
System pursuant to the Public Employees' Medical and Hospital
Care Act (Part 5 (commencing with Section 22750) of Division 5

14 of Title 2 of the Government Code).

15 (e) Nothing in this section shall be construed to limit the 16 obligation to provide services under Section 1374.72.

(f) As provided in Section 1374.72 and in paragraph (1) of
subdivision (a), in the provision of benefits required by this section,
a health care service plan may utilize case management, network
providers, utilization review techniques, prior authorization,
copayments, or other cost sharing.

(g) This section shall remain in effect only until January 1, 2017,
and as of that date is repealed, unless a later enacted statute, that
is enacted before January 1, 2017, deletes or extends that date.

25 SEC. 3. Section 10144.51 of the Insurance Code is amended 26 to read:

10144.51. (a) (1) Every health insurance policy shall also
provide coverage for behavioral health treatment for pervasive
developmental disorder or autism no later than July 1, 2012. The
coverage shall be provided in the same manner and shall be subject
to the same requirements as provided in Section 10144.5.

32 (2) Notwithstanding paragraph (1), as of the date that proposed 33 final rulemaking for essential health benefits is issued, this section 34 does not require any benefits to be provided that exceed the essential health benefits that all health insurers will be required by 35 36 federal regulations to provide under Section 1302(b) of the federal 37 Patient Protection and Affordable Care Act (Public Law 111-148), 38 as amended by the federal Health Care and Education 39 Reconciliation Act of 2010 (Public Law 111-152).

1 (3) This section shall not affect services for which an individual

2 is eligible pursuant to Division 4.5 (commencing with Section
3 4500) of the Welfare and Institutions Code or Title 14
4 (commencing with Section 95000) of the Government Code.

5 (4) This section shall not affect or reduce any obligation to 6 provide services under an individualized education program, as 7 defined in Section 56032 of the Education Code, or an individual 8 service plan, as described in Section 5600.4 of the Welfare and 9 Institutions Code, or under the federal Individuals with Disabilities

Education Act (20 U.S.C. Sec. 1400 et seq.) and its implementingregulations.

12 (b) Pursuant to Article 6 (commencing with Section 2240) of 13 Title 10 of the California Code of Regulations, every health insurer subject to this section shall maintain an adequate network that 14 15 includes qualified autism service providers who supervise and employ qualified autism service professionals or paraprofessionals 16 17 who provide and administer behavioral health treatment. Nothing shall prevent a health insurer from selectively contracting with 18 19 providers within these requirements.

20 (c) For the purposes of this section, the following definitions21 shall apply:

(1) "Behavioral health treatment" means professional services
and treatment programs, including applied behavior analysis and
evidence-based behavior intervention programs, that develop or
restore, to the maximum extent practicable, the functioning of an
individual with pervasive developmental disorder or autism, and
that meet all of the following criteria:

(A) The treatment is prescribed by a physician and surgeon
licensed pursuant to Chapter 5 (commencing with Section 2000)
of, or is developed by a psychologist licensed pursuant to Chapter

6.6 (commencing with Section 2900) of, Division 2 of the Businessand Professions Code.

33 (B) The treatment is provided under a treatment plan prescribed

34 by a qualified autism service provider and is administered by one

35 of the following:

36 (i) A qualified autism service provider.

(ii) A qualified autism service professional supervised andemployed by the qualified autism service provider.

39 (iii) A qualified autism service paraprofessional supervised and40 employed by a qualified autism service provider.

1 (C) The treatment plan has measurable goals over a specific 2 timeline that is developed and approved by the qualified autism 3 service provider for the specific patient being treated. The treatment 4 plan shall be reviewed no less than once every six months by the 5 qualified autism service provider and modified whenever 6 appropriate, and shall be consistent with Section 4686.2 of the 7 Welfare and Institutions Code pursuant to which the qualified 8 autism service provider does all of the following:

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9 (i) Describes the patient's behavioral health impairments or 10 developmental challenges that are to be treated.

11 (ii) Designs an intervention plan that includes the service type,

12 number of hours, and parent participation needed to achieve the 13 plan's goal and objectives, and the frequency at which the patient's

14 progress is evaluated and reported.

(iii) Provides intervention plans that utilize evidence-based
practices, with demonstrated clinical efficacy in treating pervasive
developmental disorder or autism.

(iv) Discontinues intensive behavioral intervention serviceswhen the treatment goals and objectives are achieved or no longerappropriate.

(D) The treatment plan is not used for purposes of providing or
for the reimbursement of respite, day care, or educational services
and is not used to reimburse a parent for participating in the
treatment program. The treatment plan shall be made available to
the insurer upon request.

(2) "Pervasive developmental disorder or autism" shall havethe same meaning and interpretation as used in Section 10144.5.

(3) "Qualified autism service provider" means either of thefollowing:

(A) A person, entity, or group that is certified by a national
entity, such as the Behavior Analyst Certification Board, that is
accredited by the National Commission for Certifying Agencies,
and who designs, supervises, or provides treatment for pervasive
developmental disorder or autism, provided the services are within
the experience and competence of the person, entity, or group that

36 is nationally certified.

(B) A person licensed as a physician and surgeon, physical
therapist, occupational therapist, psychologist, marriage and family
therapist, educational psychologist, clinical social worker,
professional clinical counselor, speech-language pathologist, or

- 1 audiologist pursuant to Division 2 (commencing with Section 500)
- 2 of the Business and Professions Code, who designs, supervises,

3 or provides treatment for pervasive developmental disorder or

- 4 autism, provided the services are within the experience and 5 competence of the licensee.
- 6 (4) "Qualified autism service professional" means an individual 7 who meets all of the following criteria:
- 8 (A) Provides behavioral health treatment.
- 9 (B) Is employed and supervised by a qualified autism service 10 provider.
- 11 (C) Provides treatment pursuant to a treatment plan developed 12 and approved by the qualified autism service provider.
- 13 (D) Is a behavioral service provider approved who meets one 14 of the following criteria:
- (i) Is approved as a vendor by a California regional center to
 provide services as an Associate Behavior Analyst, Behavior
 Analyst, Behavior Management Assistant, Behavior Management
- 18 Consultant, or Behavior Management Program as defined in
- 19 Section 54342 of Title 17 of the California Code of Regulations.
- 20 *(ii)* Possesses a bachelor of arts or science degree and has either 21 of the following:
- 22 (I) Twelve semester units from an accredited institute of higher
- 23 learning in either applied behavioral analysis or clinical
- coursework in behavioral health and one year of experience indesigning or implementing behavioral health treatment.
- 26 (II) Two years of experience in designing or implementing 27 behavioral health treatment.
- 28 (iii) The person is a registered psychological assistant or 29 registered psychologist pursuant to Chapter 6.6 (commencing with
- 30 Section 2900) of Division 2 of the Business and Professions Code.
- (iv) The person is an associate clinical social worker registered
 with the Board of Behavioral Sciences pursuant to Section 4996.18
 of the Business and Professions Code.
- (E) Has training and experience in providing services for
 pervasive developmental disorder or autism pursuant to Division
 4.5 (commencing with Section 4500) of the Welfare and
 Institutions Code or Title 14 (commencing with Section 95000)
- 38 of the Government Code.

1 (5) "Qualified autism service paraprofessional" means an 2 unlicensed and uncertified individual who meets all of the 3 following criteria:

4 (A) Is employed and supervised by a qualified autism service 5 provider.

6 (B) Provides treatment and implements services pursuant to a 7 treatment plan developed and approved by the qualified autism 8 service provider.

9 (C) Meets the criteria set forth in the regulations adopted 10 pursuant to Section 4686.3 of the Welfare and Institutions-Code.

11 Code or meets all of the following:

12 (i) Possesses a high school diploma or equivalent.

(ii) Has six months experience working with persons with adevelopmental disability.

15 (iii) Has 30 hours of training in the specific form of 16 evidence-based behavioral health treatment administered by a

17 qualified autism provider or qualified autism service professional.

(iv) Has successfully passed a background check conducted bya state-approved agency.

20 (D) Has adequate education, training, and experience, as 21 certified by a qualified autism service provider.

22 (d) This section shall not apply to the following:

(1) A specialized health insurance policy that does not covermental health or behavioral health services or an accident only,

25 specified disease, hospital indemnity, or Medicare supplement26 policy.

27 (2) A health insurance policy in the Medi-Cal program (Chapter

28 7 (commencing with Section 14000) of Part 3 of Division 9 of the29 Welfare and Institutions Code).

30 (3) A health insurance policy in the Healthy Families Program31 (Part 6.2 (commencing with Section 12693)).

32 (4) A health care benefit plan or policy entered into with the

33 Board of Administration of the Public Employees' Retirement

34 System pursuant to the Public Employees' Medical and Hospital

35 Care Act (Part 5 (commencing with Section 22750) of Division 5

36 of Title 2 of the Government Code).

(e) Nothing in this section shall be construed to limit theobligation to provide services under Section 10144.5.

39 (f) As provided in Section 10144.5 and in paragraph (1) of

40 subdivision (a), in the provision of benefits required by this section,

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- 1 a health insurer may utilize case management, network providers,
- 2 utilization review techniques, prior authorization, copayments, or3 other cost sharing.
- 4 (g) This section shall remain in effect only until January 1, 2017,
- 5 and as of that date is repealed, unless a later enacted statute, that
- 6 is enacted before January 1, 2017, deletes or extends that date.

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