Introduced by Assembly Member Beall

February 16, 2007

An act to add Section 1374.73 to the Health and Safety Code and to add Section 10144.7 to the Insurance Code, relating to health care coverage.

legislative counsel's digest

AB 423, as introduced, Beall. Health care coverage: mental health services.

Existing law, the Knox-Keene Health Care Service Plan Act of 1975 (Knox-Keene Act), provides for the licensure and regulation of health care service plans by the Department of Managed Health Care and makes a willful violation of the act a crime. Existing law also provides for the regulation of health insurers by the Department of Insurance. Under existing law, a health care service plan contract and a health insurance policy are required to provide coverage for the diagnosis and treatment of severe mental illnesses of a person of any age. Existing law does not define "severe mental illnesses" for this purpose but describes it as including several conditions.

This bill would expand this coverage requirement for a health care service plan contract and a health insurance policy issued, amended, or renewed on or after January 1, 2008, to include the diagnosis and treatment of a mental illness of a person of any age and would define mental illness for this purpose, with certain exceptions, as a mental disorder defined in the Diagnostic and Statistical Manual IV.

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Because the bill would expand coverage requirements under the Knox-Keene Act, the willful violation of which is a crime, it would impose a state-mandated local program.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that no reimbursement is required by this act for a specified reason.

Vote: majority. Appropriation: no. Fiscal committee: yes. State-mandated local program: yes.

The people of the State of California do enact as follows:

- 1 SECTION 1. Section 1374.73 is added to the Health and Safety
- 2 Code, to read:
- 3 1374.73. (a) A health care service plan contract issued,
- 4 amended, or renewed on or after January 1, 2008, that provides
- 5 hospital, medical, or surgical coverage shall provide coverage for
- 6 the diagnosis and medically necessary treatment of a mental illness
- 7 of a person of any age, including a child, under the same terms
- 8 and conditions applied to other medical conditions as specified in
- 9 subdivision (c) of Section 1374.72. The benefits provided under
- 10 this section shall include all those set forth in subdivision (b) of
- 11 Section 1374.72. "Mental illness" for the purposes of this section
- 12 means a mental disorder defined in the Diagnostic and Statistical
- 13 Manual IV, or subsequent editions, published by the American
- 14 Psychiatric Association, except those codes defining substance
- 15 abuse disorders (291.0 to 292.9, inclusive, and 303.0 to 305.9,
- 16 inclusive) and the "V" codes including substance abuse treatment..
- 17 (b) This section shall not apply to contracts entered into pursuant
- 18 to Chapter 7 (commencing with Section 14000) or Chapter 8
- 19 (commencing with Section 14200) of Part 3 of Division 9 of the
- 20 Welfare and Institutions Code, between the State Department of
- 21 Health Care Services and a health care service plan for enrolled
- 22 Medi-Cal beneficiaries.
- 23 (c) (1) For the purpose of compliance with this section, a plan
- 24 may provide coverage for all or part of the mental health services
- 25 required by this section through a separate specialized health care
- 26 service plan or mental health plan, and shall not be required to
- 27 obtain an additional or specialized license for this purpose.

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- (2) A plan shall provide the mental health coverage required by this section in its entire service area and in emergency situations as may be required by applicable laws and regulations. For purposes of this section, health care service plan contracts that provide benefits to enrollees through preferred provider contracting arrangements are not precluded from requiring enrollees who reside or work in geographic areas served by specialized health care service plans or mental health plans to secure all or part of their mental health services within those geographic areas served by specialized health care service plans or mental health plans.
- (3) Notwithstanding any other provision of law, in the provision of benefits required by this section, a health care service plan may utilize case management, network providers, utilization review techniques, prior authorization, copayments, or other cost sharing.
- (d) Nothing in this section shall be construed to deny or restrict in any way the department's authority to ensure plan compliance with this chapter when a plan provides coverage for prescription drugs.
- SEC. 2. Section 10144.7 is added to the Insurance Code, to read:
- 10144.7. (a) A policy of health insurance that covers hospital, medical, or surgical expenses in this state that is issued, amended, or renewed on or after January 1, 2008, shall provide coverage for the diagnosis and medically necessary treatment of a mental illness of a person of any age, including a child, under the same terms and conditions applied to other medical conditions as specified in subdivision (c) of Section 10144.5. The benefits provided under this section shall include all those set forth in subdivision (b) of Section 10144.5. "Mental illness" for the purposes of this section means a mental disorder defined in the Diagnostic and Statistical Manual IV, or subsequent editions, published by the American Psychiatric Association, except those codes defining substance 33 abuse disorders (291.0 to 292.9, inclusive, and 303.0 to 305.9, 34 inclusive) and the "V" codes. including substance abuse treatment. (b) (1) For the purpose of compliance with this section, a health insurer may provide coverage for all or part of the mental health services required by this section through a separate specialized
- 38 health care service plan or mental health plan, and shall not be 39 required to obtain an additional or specialized license for this 40 purpose.

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Constitution.

- 1 (2) A health insurer shall provide the mental health coverage 2 required by this section in its entire in-state service area and in 3 emergency situations as may be required by applicable laws and regulations. For purposes of this section, health insurers are not 4 5 precluded from requiring insureds who reside or work in 6 geographic areas served by specialized health care service plans or mental health plans to secure all or part of their mental health 8 services within those geographic areas served by specialized health 9 care service plans or mental health plans.
 - (3) Notwithstanding any other provision of law, in the provision of benefits required by this section, a health insurer may utilize case management, managed care, or utilization review.
 - (4) Any action that a health insurer takes to implement this section, including, but not limited to, contracting with preferred provider organizations, shall not be deemed to be an action that would otherwise require licensure as a health care service plan under the Knox-Keene Health Care Service Plan Act of 1975 (Chapter 2.2 (commencing with Section 1340) of Division 2 of the Health and Safety Code).
 - (c) This section shall not apply to accident-only, specified disease, hospital indemnity, Medicare supplement, dental-only, or vision-only insurance policies.
- 23 SEC. 3. No reimbursement is required by this act pursuant to 24 Section 6 of Article XIII B of the California Constitution because 25 the only costs that may be incurred by a local agency or school 26 district will be incurred because this act creates a new crime or infraction, eliminates a crime or infraction, or changes the penalty 27 for a crime or infraction, within the meaning of Section 17556 of 28 29 the Government Code, or changes the definition of a crime within 30 the meaning of Section 6 of Article XIII B of the California