Partnerships: Evidence-Based Health Research and Policymaking in California

California Health Benefits Review Program (CHBRP)

Garen Corbett, MS
University of California, Office of the President
International Society on Health Care Priorities
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Outline for this Panel

- Primer on US’ private health system and benefit coverage mandates
- Overview of CHBRP
- Medical Effectiveness analysis approach
- Benefit Coverage, Cost, Utilization analysis approach
- Public Health analysis approach
- Putting it all together
Outline

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More Than Half of Nonelderly US Residents Had Private Health Insurance in 2010

Source: Kaiser Family Foundation
What are Benefit Mandates?

A benefit mandate is:

- A requirement imposed on health insurance (whether publicly financed or privately financed) to cover specific benefits.

Specific Benefit requirements may be for:

- Specific treatments, specific services, or conditions/diseases.
Other Countries’ Models

- **United Kingdom**
  - NICE - National Institute for Health and Clinical Excellence

- **Canada**
  - Program in Evidence-based Care, Cancer Care Ontario
  - Alberta Institute of Health Economics
  - Guidelines and Protocols Advisory Committee, British Columbia Ministry of Health
Benefit Mandates Driven by Legislators

- Most lawmakers have little or no medical, economic, or actuarial experience
- Mandates introduced on behalf of constituent or interest group
- Insurance carriers say mandates will cost too much
CHBRP Reports Enhance Understanding

- Leverages broad areas of expertise of University of California faculty to perform evidence-based analysis.

- Neutral – without specific policy recommendations
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Who is CHBRP?

- Established in 2002, Based at the University of California (UC)
- Task Force of faculty and researchers
- Actuarial firm: Milliman, Inc
- Librarians
- Content Experts
- National Advisory Council
- CHBRP Staff
CHBRP’s 60-day timeline

1. Mandate Bill Introduced
2. Team Analysis
3. Vice Chair/CHBRP Director Review
   - National Advisory Committee / UC Vice President
4. Final to Legislature
5. Revisions
How CHBRP Works

Upon receipt of Legislative request: Convene multi-disciplinary analytic team.

Each Team Evaluates:

- Medical Effectiveness  → Does a treatment work?

- Cost  → Will enrollees use it? How much will it cost?

- Public Health  → What impact will this have on the community’s overall health?
How Much Does CHBRP Cost?

Total annual budget = $2 million USD

UC provides office space for CHBRP staff as in-kind contribution.
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